

For Additional Information on Alcoholics Anonymous, the Treatment Temporary Contact Program, and how we can help...

Helpful Reading:

- *Bridging the Gap* – P-49
- *A.A. in Treatment Settings* – P-27
- *A.A. as a Resource for the Health Care Professional* – P-23
- *If You Are a Professional...* – P-46
- *Alcoholics Anonymous in your Community* – P-31
- *Uniendo las Orillas* – SP-49
- *A.A. en los entornos de Tratamiento* – SP-27

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To Sign-Up Online for the Treatment Temporary Contact Program as a Volunteer or Newcomer:



CONTACTS:

Southern Minnesota Area Assembly
Treatment Facilities Committee
P.O. Box 2812
Minneapolis, MN 55402-0813

Treatment Facilities Committee Chairperson
Email: treatment@area36.org

Treatment Temporary Contact Coordinator
Email: TTCC@area36.org

ALCOHOLICS ANONYMOUS®

TREATMENT TEMPORARY
CONTACT PROGRAM

A BRIDGE BETWEEN
TREATMENT FOR ALCOHOLISM
AND THE A.A. COMMUNITY

A 12 Step Service Sponsored by:

Southern Minnesota Area Assembly

Treatment Facilities Committee Chairperson

Email: treatment@area36.org

Treatment Temporary Contact Coordinator

Email: TTCC@area36.org

What is the Treatment Temporary Contact Program?

The Treatment Temporary Contact Program (TTCP) is an opportunity for alcoholics in a treatment program to attend Alcoholics Anonymous meetings soon after their discharge from the treatment facility. The TTCP is designed to help alcoholics in a treatment facility make the transition to the Alcoholics Anonymous community. One of the more “slippery” places in the journey to sobriety is between the doors to the facility and the nearest A.A. group or meeting. The Treatment Temporary Contact Program is designed to help with that transition.

Why You Need an A.A. Temporary Contact?

Many A.A. members can tell you that, even though we were aware of Alcoholics Anonymous in treatment, we were too fearful to go alone. In order to bridge the gap between the treatment facility and A.A. community, A.A. members have volunteered to be temporary contacts for 30 to 90 days to introduce you to Alcoholics Anonymous. We cannot emphasize enough the importance of having a temporary contact as the essential link between treatment and recovering from alcoholism.

What to Expect from the A.A. Temporary Contact?

It is suggested that the AA temporary contact do the following:

- Visit the newcomer in the treatment center before the newcomer leaves the facility (at newcomer’s request)
- Take the newcomer to a variety of A.A. meetings after leaving the facility (especially their first day back in the community)
- Provide the newcomer with AA literature and a local meeting list or AA Area 35/36 Meeting App
- Introduce newcomer to other A.A. members and ensure newcomer is getting several A.A. members’ phone numbers
- Share A.A. experience and importance of a home group, sponsorship and how to get a sponsor, and working all 12 Steps of Alcoholics Anonymous.

How to Get an A.A. Temporary Contact?

You should request an A.A. Temporary Contact while you are still in the Treatment facility. You have several ways to sign-up to obtain an A.A. Temporary Contact. You can sign-up via online, email, or U.S. mail.

1. To sign-up via **online**, please use this QR Code:



2. To sign up via **email**, please email the Treatment Temporary Contact Coordinator at:

TTCC@area36.org

Please include the following information in your email to get you signed up:

Your Full Name, Phone Number, Gender, Age, Facility Name, Facility Phone Number, Facility City, and Discharge Date.

3. To sign up via **U.S. mail**, please fill out your contact information in the pamphlet ***Treatment Temporary Contact Program – For the AA Member on the Inside*** and mail your request to the address provided in the pamphlet.

How to Volunteer to be an A.A. Temporary Contact?

1. To sign-up **online**, please use this QR Code:



2. To sign up via **email** or **U.S. mail**, please refer to the pamphlet ***Treatment Temporary Contact Program – For the AA Member on the Outside*** and email or U.S. mail your request to the address provided in the pamphlet.